

# Foundation for a Healthy St. Pete Service Provider Listening Sessions Summary Report

July 1, 2015





The Foundation for a Healthy St. Petersburg held three "Listening Sessions" with area Service Providers to get their guidance on their needs and expectations of the Foundation. The three sessions were held at the Collaborative Labs facility.

Date	# of Attendees
6/24/15	28
6/25/15	24
6/30/15	25
Total	77

In each session, participants were given the opportunity to express what Key Messages they were using to promote "Community Wellness." They were then given a brief introduction to the Foundation for a Healthy St. Petersburg and an explanation of the Social Determinants Health. The participants were then assigned to smaller

teams and were asked to answer a series of questions:

## Looking thru the Lens of Social Determinants of Community Wellness:

- What are the **best ways** to make the biggest improvements to our community's health outcomes?
- What should the Foundation focus on First?
- What **functions** (aside from grant making) should the Foundation utilize to achieve the biggest impact on health outcomes?
- What should the Foundation not do?

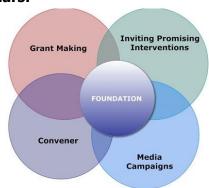


HealthyPeople.gov - High-level view of Social Determinants

#### **Based on the Foundation presentation today of the Four Pillars:**

- What conditions are required for meaningful collaborations?
- What conditions are **missing** to support the best collaborations?

The following provides a summary of the comments made in response to the questions asked of participants. Also included are the top prioritize ideas for "best ways to make the biggest improvement" and "functions should the Foundation utilize."



### **Key Messages to Promote Community Wellness:**

Session	Key Messages to Promote Community Wellness
date	(A summary of the ideas discussed)
6/24	<ul> <li>Improve education/graduation for children (health/critical thinking)</li> <li>Accessible to people with disabilities</li> </ul>
	Community activities
	Manage chronic diseases
6/25	<ul> <li>Promoting accessible health care for children and families, including mental health.</li> </ul>
	Access to/growing healthy foods.
	Address substance abuse and violence.
6/30	Affordable access to health care.
	Communication.
	A more holistic approach: not just physical health, but mental and spiritual health as well.

### **Looking thru the Lens of Social Determinants of Community Wellness:**

Session	What should the Foundation focus on First?
date	(A summary of the ideas discussed)
6/24	Communicate with the community/build trust/learn their needs
	Catalog and communicate services
	Short-term low hanging fruit
6/25	Bring the similar providers together
	Community involvement/participation
	Affordable, accessible health care
6/30	Encourage collaboration
	Support on-going initiatives – don't reinvent
	Use existing resources
	Function as a clearinghouse for services and directory of providers

Session	What should the Foundation <i>not</i> do?
date	(A summary of the ideas discussed)
6/24	Over complicate the process/become bureaucratic
	Radically change funding priorities every year
	Have favorites/dictate priorities and partners
	Stop listening
	<ul> <li>Cut the funding into too small pieces to be effective</li> </ul>
6/25	<ul> <li>Don't provide funding and then take it away/change priorities</li> </ul>
	frequently/not be sustainable
	Fail to communicate
	Lose touch with communities



Session	What should the Foundation <i>not</i> do?
date	(A summary of the ideas discussed)
	Micromanage agencies/require unnecessary paperwork
6/30	No more needs assessments
	Compete for resources
	Make the grant process difficult/cumbersome
	Be political
	Have favorites
	Stop listening
	Stop following up

### **Based on the Foundation presentation of the Four Pillars:**

Session	What conditions are required for meaningful collaborations?
date	(A summary of the ideas discussed)
6/24	Trust/respect
	Common goals/clarity of roles
	Lack of agendas/territorialism
	Diversity of organizations/synergy
6/25	Transparency/Accountability
	Sustainability
	Trust
	Consistent communication
	Collaboration on clear goals and vision
6/30	Open, honest communication
	Mutual trust and respect
	Transparency
	Clarity of goals, roles, values
	Embrace diversity, be culturally sensitive
	Lack of politics, turf wars
	Inviting right stakeholders



Session date	What conditions are missing to support the best collaborations?  (A summary of the ideas discussed)
6/24	<ul> <li>A trusted, neutral convener.</li> <li>A framework for collaboration</li> </ul>
	Time/resources to collaborate     Network for sharing data
6/25	<ul><li>Funding</li><li>Capacity</li></ul>
	<ul><li>Connection between agencies and with the community.</li><li>Coordination of services</li></ul>
6/30	<ul> <li>Diverse representation</li> <li>Collaboration</li> <li>Convener role</li> <li>Sustainability</li> </ul>

Participants were then asked to prioritize their top choices on *The Best Ways to Make the Biggest Improvements to Our Community's Health Outcomes* and *What Functions, Aside From Grant-Making, The Foundation Should Utilize to Achieve the Biggest Impact on Health Outcomes.* 

C!	To 2 Book Wood to make the biggest improvement to any
Session	Top 3 Best Ways to make the biggest improvements to our
date	community's outcomes
	(The top 3 ideas based on voting by the participants)
6/24	Maslow's hierarchy – address basic human needs first and foremost.
	Identify the largest gaps in the community's health.
	Treat the entire family.
6/25	Engage community in policy decisions (community based: not
	community placed)
	Funding for prevention has dwindledlet's put more money back into
	prevention.
	Create an inventory of resources in the community (e.g.; services,
	materials, people skills, capacity building); identify the
	owner/hub/clearinghouse of information.
6/30	Focus on the parents / focus and stabilize family
	Two items tied for second:
	Increase collaboration with community partners
	Access to health care
	Raise awareness of existing resources



Session date	What functions (aside from grant making) should the Foundation utilize to achieve the biggest impact on health outcomes?  (The top 3 ideas based on voting by the participants)
6/24	<ul> <li>Advocacy: Gather data on the issues and take a stand. Build relationships with lawmakers to facilitate this. Allow the community to set the priorities to avoid the perception of being a "white knight." Connect with the legislative bodies that can put the programs in place.</li> <li>Pick a health issue that everyone will understand and embrace, set a big hairy audacious goal, achieve it and promote it. So – universal vaccination for some disease, or a basic literacy level, or some issue identified by the RWJ county health survey. Use this as a huge PR campaign to elevate the name and mission of the FHSP.</li> <li>Two items tied for third:         <ul> <li>Data &amp; research library for nonprofits.</li> <li>Be a dynamic resource to the nonprofit community to identify what works in other communities that can potentially be applied here by the nonprofit community (don't reinvent the wheel).</li> </ul> </li> </ul>
6/25	<ul> <li>Media campaigns (changing the perceptions, stigmas- it could be your neighbor)/Marketing to the community at large about the issues of concern and providing access to be a part of the solution.</li> <li>Figure out a way to build true collaboration to cultivate a better climate between organizations. Less competitive in nature.</li> <li>Fight for policy change and advocacy with city and county government.</li> </ul>
6/30	<ul> <li>Revisit existing agencies and community plans to explore new ways to drive engagement and collaborate/convene more sessions to collaborate</li> <li>Unite the larger business community to support social innovation</li> <li>Explore and implement collective impact around prioritized topics</li> </ul>

